

# JUNE 2017



MAGNOLIA HOUSE  
PATIENT SUPPORT

**FREE** support programs for cancer patients and survivors.  
To register call (310)299-8473 or email [Aidee@towercancer.org](mailto:Aidee@towercancer.org)

Mon	Tues	Wed	Thu	Fri
			1 Mat Pilates 11:00 - 11:45am Reiki Group Circle 1:00 - 3:00pm	2 Step Aerobics 10:00 - 11:00am Fitness Rehab 12:00 - 7:00pm <i>*By appointment only</i>
5 Fitness Rehab 11:00 - 7:00pm <i>*By appointment only</i>	6 Mat Pilates 11:00 - 11:45am Oncology Massage 11:00 - 3:30pm <i>*By appointment only</i>	7 Belly Dancing 10:30 - 11:30am Meridian Tapping 12:00 - 2:00pm Fitness Rehab 12:00 - 7:00pm <i>*By appointment only</i>	8 Individual Reiki 10:30 - 2:45pm <i>*By appointment only</i> Mat Pilates 11:00 - 11:45am Dream Circle 1:00 - 3:00pm	9 Step Aerobics 10:00 - 11:00am Yoga Chat: Your Home Yoga Practice 1:30 - 3:00pm Fitness Rehab 12:00 - 7:00pm <i>*By appointment only</i>
12 Fitness Rehab 11:00 - 7:00pm <i>*By appointment only</i> Expressions of Hope & Healing: Diagnosis 1:00 - 3:00pm	13 Mat Pilates 11:00 - 11:45am Rhythms of Wellness 1:00 - 2:30pm	14 Hatha Yoga I 10:00 - 11:00am Fitness Rehab 12:00 - 7:00pm <i>*By appointment only</i> GRACE 5:30 - 7:30pm	15 Mat Pilates 11:00 - 11:45am Reiki Group Circle 1:00 - 3:00pm	16 Fitness Rehab 12:00 - 7:00pm <i>*By appointment only</i>
19 Fitness Rehab 11:00 - 7:00pm <i>*By appointment only</i>	20 Mat Pilates 11:00 - 11:45am Oncology Massage 11:00 - 3:30pm <i>*By appointment only</i>	21 Crystal Bowl Sound Yoga 10:00 - 11:00am Fitness Rehab 12:00 - 7:00pm <i>*By appointment only</i> GRACE 5:30 - 7:30pm	22 Individual Reiki 10:30 - 2:45pm <i>*By appointment only</i> Mat Pilates 11:00 - 11:45am Tibetan Bowl Sound Meditation 1:30 - 3:00pm	23 Step Aerobics 10:00 - 11:00am Fitness Rehab 12:00 - 7:00pm <i>*By appointment only</i>
26 Fitness Rehab 11:00 - 7:00pm <i>*By appointment only</i>	27 Mat Pilates 11:00 - 11:45am Move to Improve 12:00 - 1:15pm	28 Hatha Yoga II 10:00 - 11:00am Fitness Rehab 12:00 - 7:00pm <i>*By appointment only</i> Mindfulness: Joy 2:00 - 3:30pm GRACE 5:30 - 7:30pm	29 Mat Pilates 11:00 - 11:45am Reiki Group Circle 1:00 - 3:00pm	30 Step Aerobics 10:00 - 11:00am Fitness Rehab 12:00 - 7:00pm <i>*By appointment only</i>

Tower Cancer Research Foundation  
8767 Wilshire Blvd. Suite 401, Beverly Hills CA 90211  
Parking Validation Provided  
[LACanSurvive.com](http://LACanSurvive.com)

