

# BEVERLY HILLS COURIER

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## HOW DO YOU FEEL?

HEALTH & WELLNESS



**TAKING A WALK**—Members of Tower Cancer Research Foundation's (TCRF) young leadership division Cancer Free Generation (CFG) and a committee organized Tower's first Power of Tower Run/Walk. Participants included, back (from left): Casey Federman, Linda David, TCRF executive director; Joe Bruin, actresses Carly Hughes (*American Housewife*) and Toni Trucks (*SEAL Team*), actors Josh Kelly (*UnReal*) and Tom Degan (*Limitless, One Life To Live*), actresses, Scottie Thompson (*12 Monkeys*) and Lesley-Ann Brandt (*Lucifer*), David Schwartz, actress Zoe Bell (*Death Proof*), Nick Swisher (NY Yankees) and Nancy Rosenfelt. Front from left: Erin Cummings, actress and CRF member; walk committee members Juliette Sussman, Rebecca Nelken (also CFG), Elana Gimbel, Marni Harris and Benjamin Harris, CFG members Suzanne Asherson and Betsy Miller, athlete JoAnna Garcia Swisher (*Kevin Probably Saves the World*) and Brooke Poklemba.

### Inaugural Power Of Tower Run/Walk Raises More Than \$200,000 For Cancer Research

Close to 1,000 walkers and celebrities gathered Sunday at UCLA to honor and celebrate those in their lives who have been touched by cancer, at the Inaugural Power of Tower Run/Walk benefiting Tower Cancer Research Foundation.

This year, the walk/run honored the life of Cindy Harris who lost her six-year battle with metastatic breast cancer in March 2017 at the age of 40. A mother of two young daughters, Harris was diagnosed with Stage III Breast Cancer at 34, while pregnant with her youngest daughter.

Her husband, Ben, together with her two daughters, joined others in the walk which was subtitled, "Because I Don't Want My Daughters to Go Through This." Proceeds from the Run-

Walk will benefit Tower Cancer Research Foundation's research to end the disease.

The Run/Walk also attracted the support of several celebrities, led by Tower's Cancer Free Generation board member Erin Cummings (*Spartacus*). She was joined by fellow celebrities including, Micheline Pitt (Vixen Clothing Line) Samantha Harris (*Entertainment Tonight*) and Ashley Tisdale (*High School Musical*).

Over the last 20 years, Tower has raised more than \$30 million, funding that supports a multitude of different scientific grants.

Tower has participated in more than 200 clinical trials with thousands of patients and awarded almost \$10 million in the last decade alone to dozens of physician scientists pursuing

hypotheses, including more than \$3 million to young researchers through Career Development Grants.

Tower's patient support division, Magnolia House, is an integrative survivorship wellness center with programs offered free to cancer survivors and their loved ones. Workshops include six-week classes for cancer survivors that address end-stage disease challenges, classes for cancer caregivers and cooking classes to develop a nutritional approach to cancer survival

Event sponsors included: Children's Hospital Los Angeles, UCLA Jonsson Comprehensive Cancer Center, UCLA Mattel Children's Hospital and Cedars-Sinai-Tower Hematology Oncology Medical Group.